Borton’s Reflective Model

Based on Borton (1970)

**What?**
- What happened?
- What did I do?
- What did others do?
- What was I trying to achieve?
- What was good or bad?

**So What?**
- So what was the importance of this?
- So what more do I need to know?
- So what have I learnt?

**Now What?**
- Now what could I do?
- Now what do I need to do?
- Now what might I do?
- Now what might be the consequences?

Find out more on our skills guide: [https://libguides.derby.ac.uk/reflectivewriting](https://libguides.derby.ac.uk/reflectivewriting)