Gibbs’ Reflective Model

Based on Gibbs (1988)

- What happened?
- What was good/bad?
- What sense can you make of the situation?
- What can you conclude from the experience?
- What would you do differently in the future?
- What were your feelings and emotions?

Find out more on our skills guide: [https://libguides.derby.ac.uk/reflectivewriting](https://libguides.derby.ac.uk/reflectivewriting)